

# Tea Dance

to the music of Iain Carmichael



Saturday 21st March 2026

2.30pm – 6.00pm

Lowdham Village Hall, Lowdham, NG14 7BD

Tickets on the door | Dancers £12 | Spectators and Students £6

Bring and Share cakes (please bring a mug for tea)

## Programme

Bow Fiddle Rock	J	★	The Shetland Shepherdess	J	★
Catch the Wind	R	★★	The Irish Rover	R	★★★★
The Duchess Tree	S	★★	Culla Bay	S	★★
Gothenburg's Welcome	J	★★★★	Orpington Caledonians	R	★★
Shiftin' Bobbins	R	★	The Nurseryman	J	★★
The Moray Rant	S	★★	The Birks of Invermay	S	★
Chased Lovers	J	★★★★	Bratach Bana	R	★★★★
Miss Gibson's Strathspey	S	★★	Broadway	S	★★★★
Flowers of Edinburgh	R	★	The Highland Rambler	R	★

An indication of the difficulty of the dance is given by the number of stars:

- ★ suitable for all
- ★★ beginners advised to find an experienced partner
- ★★★ more challenging dance for more experienced dancers

All dances will be re-capped

Videos, cribs and diagrams can be found at:

<https://my.strathspey.org/dd/list/66759/>

 <https://nottinghamrscds.org/>

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